

## **Individual Coaching**

## One-on-one private and confidential coaching

By working through the John Maxwell's programs, *individual coaching* is designed to provide the highest objective and direct interaction to help you reach your purpose, vision and goals. Direct participation of interactive programs and laser focused accountability our *individual coaching* program will create a strategic and powerful guide for you to gain clarity and reach your goal(s).

As, an example, we seek to answer two foundational questions:

- What are you doing to invest in yourself?
- What are you doing to invest in others?

"Put on your own oxygen mask before assisting others."

- Randy Pausch, The Last Lecture

Please contact me to discuss your coaching needs.